

ATAFOM UNIVERSITY

EXTERNAL NEWSLETTER



EXTERNAL COMMUNICATIONS

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ATAFOM University

Education for Integration

ATAFOM University International - Atlantic African Oriental Multicultural - is an international university founded by the Initiator, Founder and President of ATAFOM University International, Dr. Sakir Yavuz, with the aim of creating a borderless and cosmopolitan university to improve the educational offer for the world as a whole.

As a global university, ATAFOM University International promotes the ideals of crossborder education and with its information offices, branches on five continents will provide education for young people interested in studying from different countries of origin, regardless of geography, culture, skin color, gender or religion, so that these young people have the equal opportunity to education.

Due to the international orientation of ATAFOM University International, all courses are conducted in English and initially 100% online.

At ATAFOM University International, we want to offer an educational system based on mentoring that not only aims at learning through expanding knowledge or developing skills, but is also aimed at forming a positive, cosmopolitan attitude to life. The whole educational concept of ATAFOM University International is based on the highest international standards in order to exceed all expectations and educational goals of our students when they choose ATAFOM University International as their educational institute.

STUDENTS FROM

Countries

Countries

STAFF FROM

Countries

COURSES OFFERED

Faculty of Arts,
Faculty of Economics,
Faculty of Information Technology,
Faculty of Medicine, and
the ATAFOM Language Academy – ALA

"Success of Any Action Begins in Your Head"

Dr. Sakir Yavuz,
President & Founder





WELCOME

The Founder and President of ATAFOM University International is the visionary Dr. Sakir Yavuz. His motto,

"THE SUCCESS OF EVERY ACTION BEGINS IN THE HEAD"

helped him pave a way to create the university offering an inclusive education. He is firmly convinced that the children of this world with different cultural backgrounds and countries of origin as well as languages should have the same right to education. He has set himself the task of giving young people access to university education of the highest international quality and with equal opportunities, in the conviction that success requires permanent concentration, strong motivation and extreme commitment.

At ATAFOM University International, "Education for Integration" is developed, taught and lived. The team of internationally renowned professional teachers and experienced staff at ATAFOM University International will meet the highest international standards and will do everything possible to meet and exceed all of our students' expectations and educational goals as they embark on undergraduate studies or learn the English language when they enroll in ATAFOM Language Academy..

The digital innovation and knowledge campus of ATAFOM University International - ATAFOM Online Campus, which accommodates everyone who is willing to learn, makes it possible to create educational bridges between all continents.



RECTOR

Prof. Dr. Michael Bauer

ATAFOM University International

Prof. Dr. Michael Bauer is the rector of ATAFOM University International. Before taking on this task, he worked very successfully as a project manager in various companies introducing high-end technologies.

He was Head of Compliance at Perfect Timing-Holding until 2021 when he concentrated all his energies on ATAFOM University International. Here he was also able to use his many years of experience in the practical application of methods of operations research for the redesign of processes, the delimitation of areas of responsibility and the targeted use of the skills and experience of the new staff.

In doing so, he placed himself at the forefront of all activities at ATAFOM University in the practical implementation of the vision of the founder and president for the realization of a sustainable contribution Improving educational opportunities in Africa and around the world.

FROM THE RECTOR'S DESK

EDUCATION FOR INTEGRATION

After the successful completion of the pilot academic year 2022/2023, I am currently concentrating, together with the teams of all ATAFOM departments and ATAFOM Info Offices, on all activities to use the experiences of this pilot study year in order to further qualify the internal and external processes of ATAFOM University.

Within ATAFOM University International, the graded assessment is implemented using the ECTS system of the European student-oriented system according to the Bologna Process for the comparability of credit transfer and accumulation based on the transparency of learning outcomes and learning processes according to the "European Credit Transfer and Accumulation System" (ECTS).

As a world university, ATAFOM University International aims to provide a world-class education to as many people as possible, regardless of all barriers such as origin, skin color, culture, gender, economic and social status and religious affiliation among others.

At the same time, the team of lecturers and professors will be expanded in order to organize the full teaching activities of all faculties in terms of content and dates in the online campus of ATAFOM University International.

With this, the implementation of the curriculum begins for all registered students of ATAFOM University International in parallel in the online courses.



17
Countries
STAFF FROM
16
Countries

COURSES OFFERED

Faculty of Arts,
Faculty of Economics,
Faculty of Information Technology,
Faculty of Medicine, and
the ATAFOM Language Academy – ALA

"Success of Any Action Begins in Your Head"

Dr. Sakir Yavuz,
President & Founder

ATAFOM University International



A) In the faculties

- Bachelor of Arts in Media and Communication (B.A.) at the Faculty of Arts;
- Bachelor of Arts in International Business Development (B.A.) at the Faculty of Economics;
- Bachelor of Science in Information Technology (B.Sc.-IT) at the Faculty of Information Technology;
- Bachelor of Medicine in Medicine (B.Med.) at the Faculty of Medicine.
- B) In addition, the courses for English training are included in the courses at the ATAFOM Language Academy
 - ALA A1+ALA A2 + ALA B1, solely for students on scholarship who failed the ATAFOM Level Test B1 in English.
 - Academic English (ACEN), as part of each bachelor's degree as an interdisciplinary module.

The language training at ALA is equivalent to international standards such as IELTS, TOEFL and Cambridge.

- C) For all faculties, the IT Basic (FUBA) course is an overarching course
 - IT basic training imparted to the students.
 - For this purpose, all Bachelor students at ATAFOM University International receive IT courses in the first year of study as part of the interdisciplinary module

"IT Basics Course I and II" (FUBA) to deepen their IT knowledge



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Vice Rector

Prof. Dr. Abdulbaki Turkoglu Vice Rector & Dean of the Faculty of Medicine

Prof. Dr. Abdulbaki Turkoglu is the Vice Rector & Dean of the Faculty of Medicine of ATAFOM University International. He has worked as a Professor at Firat University Faculty School of Medicine, Department of Physiology, Türkiye and has also been a Deputy in the Parliament of the Turkish Republic.

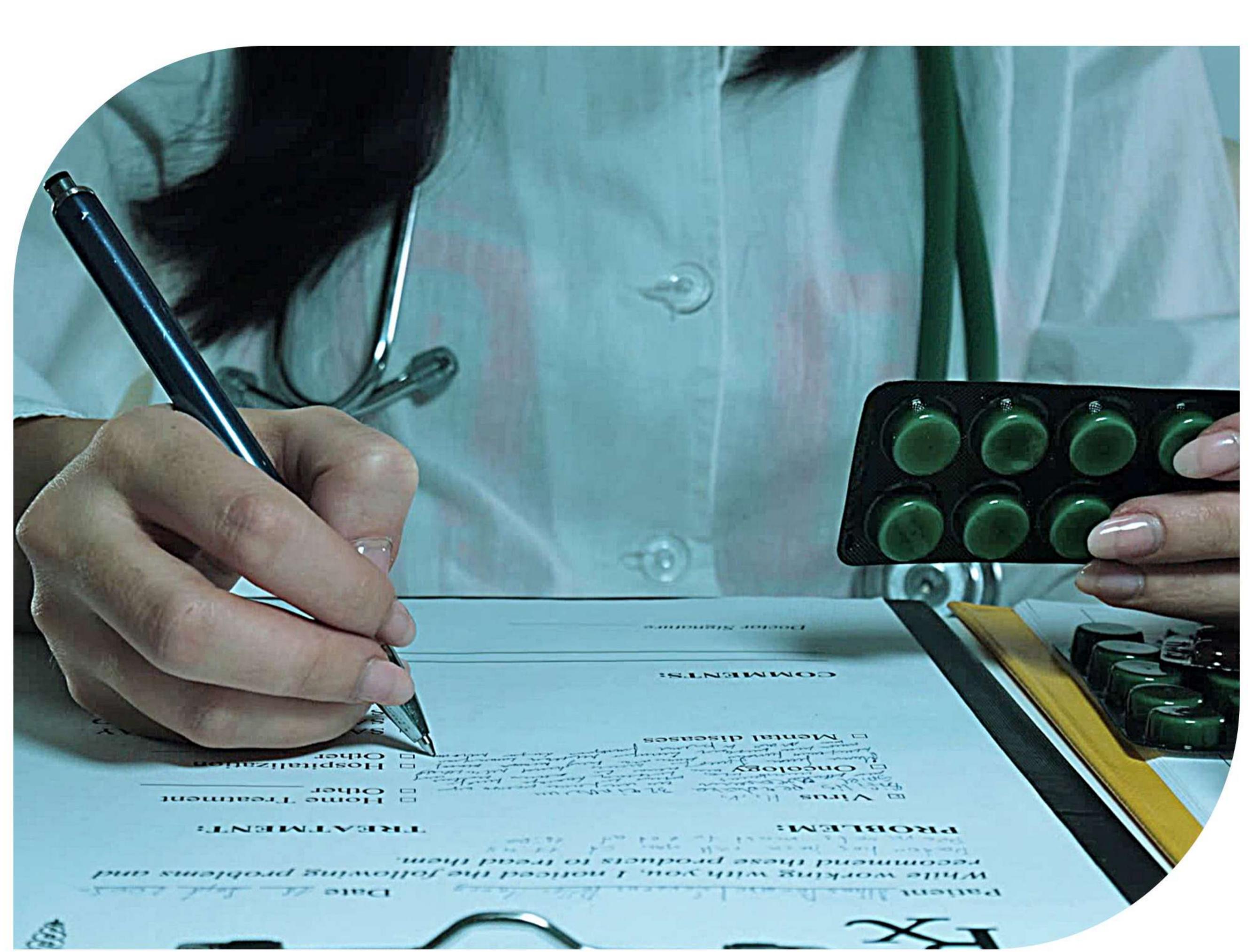












ATAFOM UNIVERSITY

DEANS & DIRECTORS

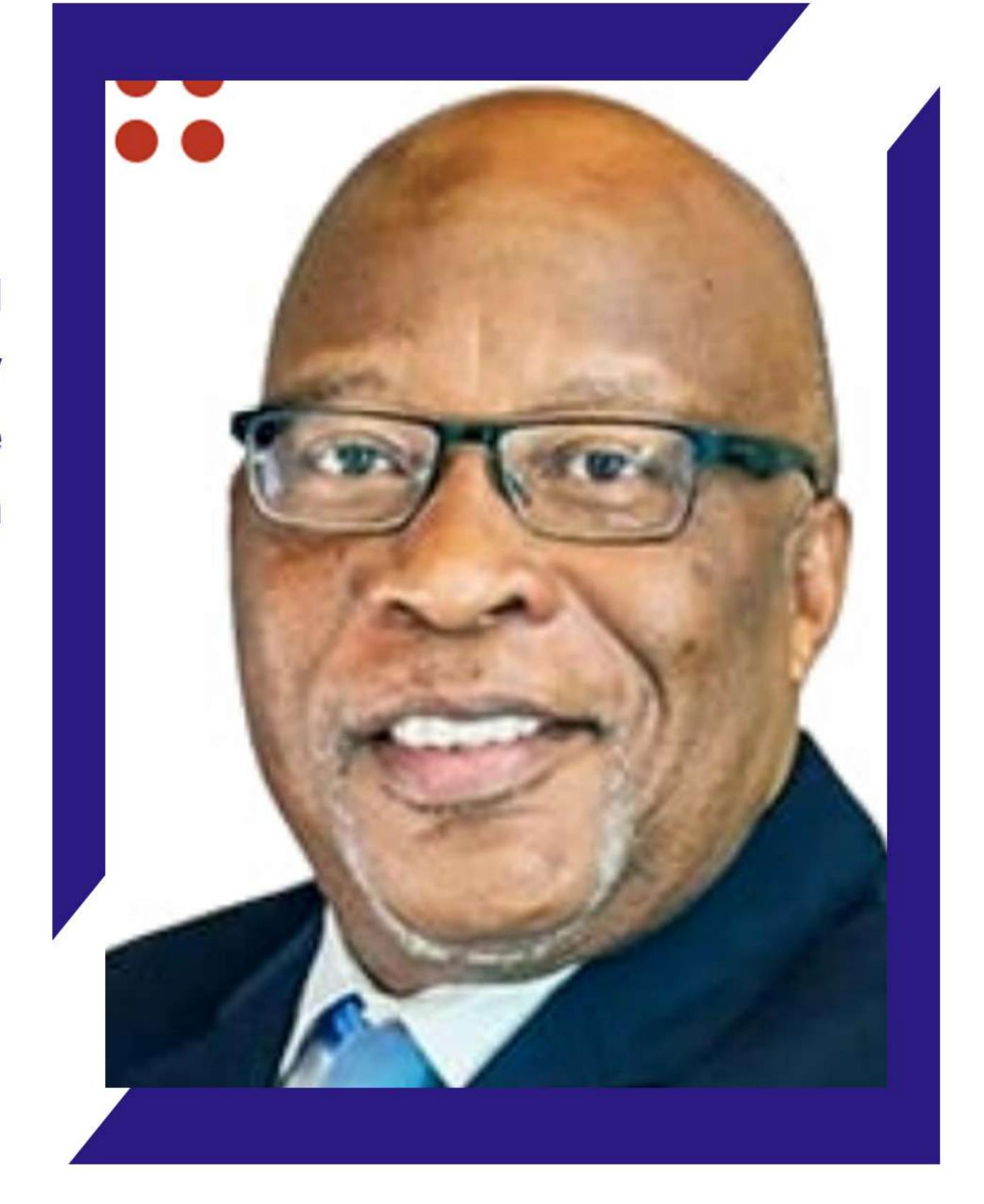
Deans

ATAFOM University International

Prof. Dr. Nevers Sekwila Mumba Dean Faculty of Political Science

Former Vice President of the Republic of Zambia and President of the Movement for Multiparty Democracy Party, Prof. Dr. Nevers Sekwila Mumba is known as the pioneer of the Charismatic/ Evangelical Movement in Zambia.

He is the founder and president of Zambia's leading evangelical organization, Victory Ministries International. Dr. Mumba holds Masters degree in Public Policy and degrees in theology from the USA. He also holds an honorary doctorate from Full Gosp Christian Theological Seminary in Flint, Michigan, USA. His experiences in public policy and politics bring immense value to the Faculty of Political Science of which he is the Dean, at the ATAFOM University.



Deans

ATAFOM University International Prof. Dr. David Thomas Nightingale Dean Faculty of Economics

Prof. Dr. Nightingale comes from a career covering finance, upstream and downstream in the Petrochemical, Oil, Gas, and Banking industry. He has been responsible for new areas of research which have revolutionized the multi dimensional modelling paradigms and machine learning in super computer MPP Geology analytical Al platforms. At ATAFOM University International, Prof. Dr. Nightingale is the Dean Faculty of Economics, translating his vast experience to bring value to the faculty he heads.





Assoc. Prof. Can Katipzade Director of Media and Communications & Vice Dean Faculty of Arts

Assoc. Prof. Can Katipzade is a media director, a film director, a producer and an award winning music composer. He also has academic background for teaching in Orlando, United States. Prof. Katipzade trained in Product Design and later in Recording Arts. He has been awarded "Golden Orange Film Festival, Best Music Award, Karbeyaz Film with Mircan Kaya (2010)", "San Francisco Global Film Festival FOG Awards Music Icon (2015)" and "Oxford Collage Awards / Elixir Best Commercial Film (2018)". His experience in media coupled with his academic background for teaching brings quality to the Faculty of Fine Arts where he is the Vice Dean and makes him the perfect fit for university's department of Media and Communications where he is the Director.

Director

ATAFOM University International

Mr. Anas Jawed Deputy and Director of Faculty of Information Technology

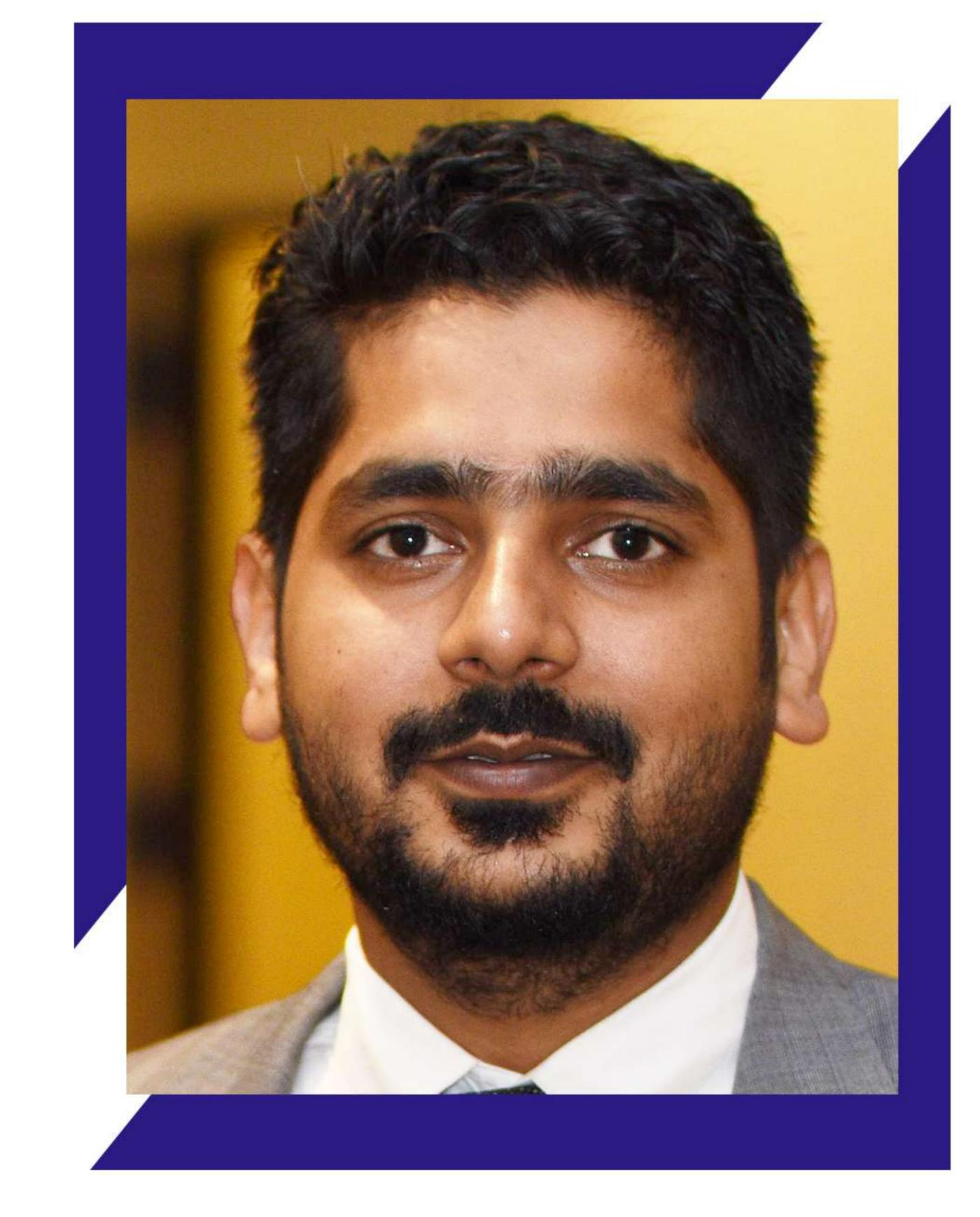
Mr. Anas Jawed is an IT Professional based in Noida, India, and currently heads the Indian Office of Perfect Timing Technologies, a company owned by Perfect Timing Holding.

He also is an advisor and chair for FiNext Conference. He was involved in the creation and launch of startups in India even before completing his MBA at Aligarh Muslim University in India. He specializes in International Business, Technology, and Entrepreneurship.

Being an engineer, Mr. Jawed founded his technology venture InternetShine Technologies in late 2014 and had worked as a Technical Project Manager on the company's acquired projects. He has been working on the website and Mobile apps development since then and has been fairly active in the FinTech Industry.

Later in 2018, with his interest in FinTech and the industry's need for a networking platform for Finance Technology Entrepreneurs and investors, he inaugurated the FiNext Awards & Conference with his team.

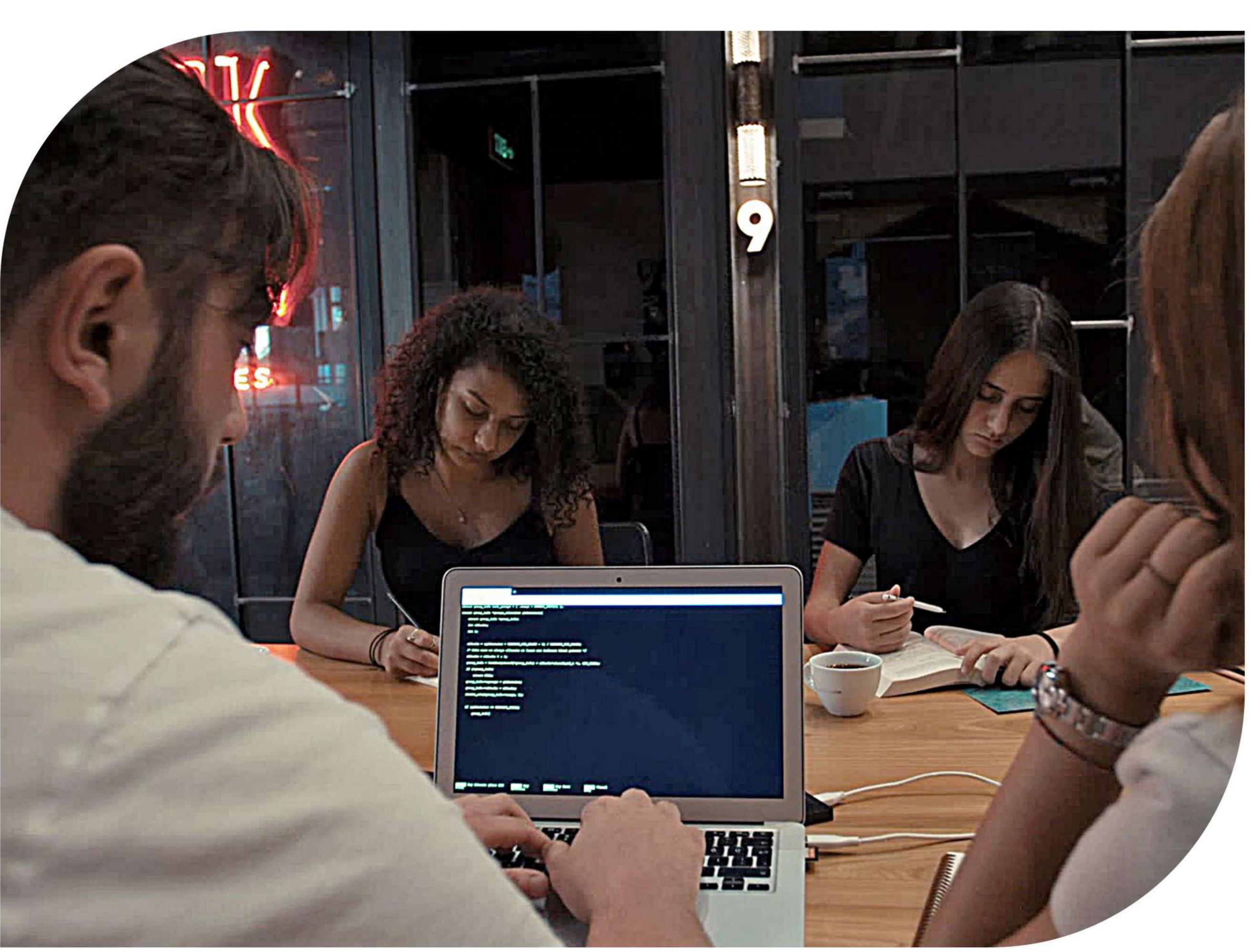
In 2021, he has joined Perfect Timing Holding as the head of IT and has been working as the Deputy and Director of Faculty of Information Technology for ATAFOM University. In 2022 he has been promoted as the head of the technology company owned by Perfect Timing Holding called Perfect Timing Technologies in India.











ATAFOM WINDERSITY

INTERVIEW

Learning From Different

Article from Interview with Mr. Edwin Mwanza (Media and Communication student with ATAFOM University International).

By Mabas Akila

When considering an online university for your degree programme, have you ever imagined this major challenge – taking your classes in different time zones?

"We are from different countries and with different time zones. There was a time requested if our classes will be done in the morning without realizing that we are from different countries and different time zones. So, it is difficult to set your classes for a particular time of the day because morning here is an afternoon for some people", from Zambia, Media Mwanza and Communication student ATAFOM with University International.

Are there ways learners can cope with differences in time zone? What possible solutions would an online institution adopt to make learning exciting for its heterogeneous student population? Two things will help in this regard – what the student makes of the situation and what the institution does to make the student feel less stressed about the time zone.

The first thing: a learner who finds him or herself in this learning environment should weigh the advantages and disadvantages of learning in a multicultural setting. Ask yourself some simple quick questions:

- Are you able to gain from the experiences of the diversity in the class population?
- Are you able to contribute positively to others' understanding of your background and culture?

 Would the learned experiences from foreign cultures translate into applicable situations and be a part of the solutions to your instances?

The ATAFOM University International provides the opportunity for this:

Firstly: Edwin Mwanza, like his other colleagues and mates from 12 different countries, have indicated how they are excited about learning what the political terrain in other countries looks like and how other cultures operate. "My interaction with other students in the class who come from different countries however has made me learn about different cultures. We get to hear a lot of stories and a lot of cultures we do not know about. This has broadened my experiences and made them fun-filled", he explains.

Another student, Haruna Wasinya, studying Information Technology offered more insight about the benefit of this diversity in the classroom. He observes that "Mr. Mwanza from Zambia, has shared with us some political, educational, and religious perspectives from his country. We in Nigeria relate our own experiences as well. We get to realize that there are things we have in common as Africans. In the end, we are able to integrate such ideas and knowledge into our studies. This does not mean we will forsake our cultures, values, and norms; it will only add to what we know and believe."

Secondly: the online institution should have an organized timetable that takes into cognizance the different time zones of their student. Any online institution that does not do this will fail to strike an equilibrium between the educational and emotional needs of their students.



The Deputy and Director of the Faculty of Information Technology, Anas Jawed, explains that the university is aware of the different lecture times for students and it is in line with this that all the time zones where students are located are harmonized and a conducive timing for all the lectures are scheduled. Each student receives communication using ATAFOM Time and then calculates to fit their time zone. Although this is difficult to achieve, it has worked fairly well for most of the students for now.

This policy is further strengthened by the involvement of diversified faculty members which cuts across 11 countries. The Rector of the ATAFOM University International, Prof. Dr. Michael Bauer revealed that "Lecturers and Professors need to be diverse and learn to respect various cultures and religion, learn and act on the concept of Unity in Diversity by generating harmony and unity between dissimilar individuals or groups. Live the life of 'unity without uniformity and diversity without fragmentation'. Tolerance of physical, cultural, linguistic, social, religious, political, ideological and/or psychological differences has to be acted by all ATAFOM Academic Staff."

When you meet a diversified academic and non-staff, a multicultural approach to management and a student population that is willing to make the necessary adjustment to their schedules, learning from different time zones will never be a challenge to your goals.

When you meet a diversified academic and non-staff approach, a multicultural management approach, and a student population that is willing to make the necessary adjustments to their schedules, learning from different time zones will never be a challenge but an asset to achieving your goals.









BETTER BY 1%

We are given chances every day. As soon as we awaken, we can change the world.

We may occasionally feel as though we are moving in the same direction but not forward. We seek the decisive victory or the ultimate success. When we simply think about the eventual goal, we may become discouraged or confused in everyday development. Alternatively, we might experience a sense of defeat and stagnation.

Success occurs when we improve by 1% every day. Is today a day where YOU advanced or regressed?

The same applies in school. Did YOU advance in learning today or move a project along? Being able to get up, do the same thing every day, and stay in the same place is convenient and comfortable. We must consistently complete the little things that don't matter if we want to see progress. Regardless of the aim, it adds up when we strive consistently to get forward.

1%, how are you making improvements each day? There is no requirement that it be the biggest, most amazing, flashy, new, or best fad. Simply make a daily commitment to improving by 1%! You can succeed!











ATAFOM UNIVERSITY NEWS AND UPDATES:

International Courtesy Visit Series of ATAFOM University International to Istanbul Ticaret University, Istanbul, Türkiye - November 16, 2022

One of Türkiye's private research universities, Istanbul Ticaret University, is characterized by the quality of its academics and the quality of its faculty. Among Turkish universities, it comes up at number 124.

With the enthusiastic backing of the Istanbul Chamber of Commerce, Istanbul Ticaret University was established in 2001 with the guiding philosophy of "Local Identity, Global Vision". One of the most influential chambers in the world, the Istanbul Chamber of Commerce has a 138-year history and businesspeople make up half of the Turkish economy. With more than 245 accomplished and well-known academic members, Istanbul Ticaret University, which integrates a university setting with the business world, has been educating its students for the future.

Istanbul Ticaret University was established in 2001 and has two campuses. These campuses are situated in the Kucukyali and Sutluce districts of Istanbul. With six colleges, Graduate Schools of Social Sciences, Science and Engineering, Finance and Foreign Trade, and English Preparation, Istanbul Ticaret University holds a significant position in the academic world with its annual national and international events, academic investigations, and publications.

The motto of institution is "Local Identity, Global Vision". According to the university's ideology, academic programmes should be connected to the business sector to better prepare graduates for the future. It aspires to be a prominent academic institution in the Turkish private education sector, engaged in foreign and global forums.







With the motto of Istanbul Ticaret University closely aligns with the direction of ATAFOM University International, it is no wonder that a team from ATAFOM University International decided to appoint the Rector of Istanbul Ticaret University on November 16, 2022 at 11:00 a.m. Turkish Time in meet at a principal level meeting.

The team consisted of the Rector of ATAFOM University Prof. Dr. Michael Bauer, the Vice Rector Prof. Dr. Abdulbaki Türkoglu, the Head Advisor of the Rectorate Prof. Dr Muhammet Bezirci, the Vice President Mr. Andreas Gleisenstein, the Deputy and Director of the Faculty of Information Technology Mr. Anas Jawed, the Vice Dean Faculty of Arts and Director of Media and Communication Assoc. Prof. Can Katipzade; Editor-in-Chief of Media and Communications Assoc. Prof. Özge Kutluay and the Assistant of the Founder and President Mr Berathan Yavuz.

The meeting with the Rector of the Istanbul Ticaret University, Prof. Dr. Yücel Ogurlu officially began with a warm welcome and an exchange of pleasantries. After a brief introduction by the Rector of ATAFOM University International, the lively discussion began immediately as to what future potential could be opened up for both universities through a lasting partnership between the two universities. Both Rectors agreed that a diverse future cooperation holds great prospects for everyone involved. The signing of a Memorandum of Understanding on future cooperation was agreed as the basis for the future partnership to be established.







International Courtesy Visit Series of ATAFOM University International to Istinye

University, Istanbul, Türkiye - November 18, 2022

One of the top private universities in Türkiye, Istinye University is located on the European side of Istanbul. This university is known for focusing and making significant efforts in recent years to increase its educational offer and focus on scientific research. This allows Istinye University students to keep up to date with scientific and technological advances in the classroom and to consider the political and cultural facets of society.

As a continuation of 25 years of knowledge and experience of Türkiye's MLP Care Group, Istinye University was founded in 2015 by the Anatolian Foundation of the 21st Century.

MLP Care, a medical organization known for building and operating hospitals in almost all major cities of Türkiye, is the owner of Istinye University. The educational offer for the students is specialized in all medical and pharmaceutical disciplines in addition to other disciplines. This also ensures the continuous academic training and further qualification of the staff for the hospitals of the MLP Care Group. For practical training of students, Istinye University will have partnerships with three largest hospitals in Türkiye, namely:

- VM Medical Park
- Liv Hospital
- Medical Park

Istinye University has three campus locations in Istanbul equipped with the latest technology. In addition, Istinye University provides students with social and cultural facilities such as sports clubs, laboratories and libraries.









Istinye University cooperates in the form of bilateral agreements with numerous European universities, including those in Germany and Italy, within the framework of the International Student Exchange Program Erasmus.

In recognition of the importance of Istinye University, a meeting with ATAFOM University International was scheduled for Friday, November 18, 2022 at 9:30 a.m. Turkish Time.

The ATAFOM University international team led by the Rector, Prof. Dr Michael Bauer, consisted of Vice Rector, Prof. Dr. Abdulbaki Türkoglu, the Head Advisor of the Rectorate Prof. Dr. Muhammet Bezirci, the Vice President of Perfect Timing Holding Mr. Andreas Gleisenstein, the Deputy and Director of the Faculty of Information Technology Mr. Anas Jawed, the Vice Dean of the Faculty of Arts and the Director of Media and Communication, Assoc. Prof. Can Katipzade, Editor-in-Chief for Media and Communications, Assoc. Prof. Özge Kutluay and the Assistant to the Founder and President Berathan Yavuz.

Before the actual meeting, the ATAFOM delegation was given a detailed tour of the premises and the highly modern equipment of the university.

At the beginning of the meeting at rector level, Prof. Dr. Michael Bauer introduces the ATAFOM University International to the ATAFOM University International team. The Rector of Istinye University, Prof. Dr. Erkan Ibis thanked the ATAFOM University team for visiting and was pleased to be offered a partnership. As a result of the lively discussion, the two Rectors agreed on the preparation of a Memorandum of Understanding, based on the desire for diverse future cooperation.







International Courtesy Visit Series of ATAFOM University International to the Office of Jama'atu Nasril Islam (JNI) in Jos, Nigeria

A delegation from ATAFOM University International visited Jama'atu Nasril Islam (JNI) at Masallacin Juma'a Street in Jos, Plateau State.

The ATAFOM University delegation led by Mrs. Jamila Abubakar, Head of ATAFOM Language Academy & Head, ATAFOM Information Office Nigeria, Mr. Salim Ibrahim, Assistant of the Head ATAFOM Information Office Nigeria & Application and Admissions Manager and Mr. Yahaya Muazu, Assistant of the Application and Admissions Manager & Lecturer at the ATAFOM University International were received by Sheikh Gazali Ismaila Adam, Deputy Chief Imam of Office of Jama'atu Nasril Islam (JNI). The JNI office is located near ATAFOM Information Office Nigeria and Mr. Sheikh Gazali was pleased to welcome the ATAFOM delegation to his office. Mrs. Jamila Abubakar briefs Mr. Sheikh Gazali on the mission, vision and purpose of ATAFOM University International. She spoke about the scholarships available and the opportunities that lie ahead for all students who enrol in the ATAFOM University International and also ATAFOM Language Academy. Listening attentively, Sheikh Gazali informed himself through the newsletters and flyers handed out by the ATAFOM delegation.

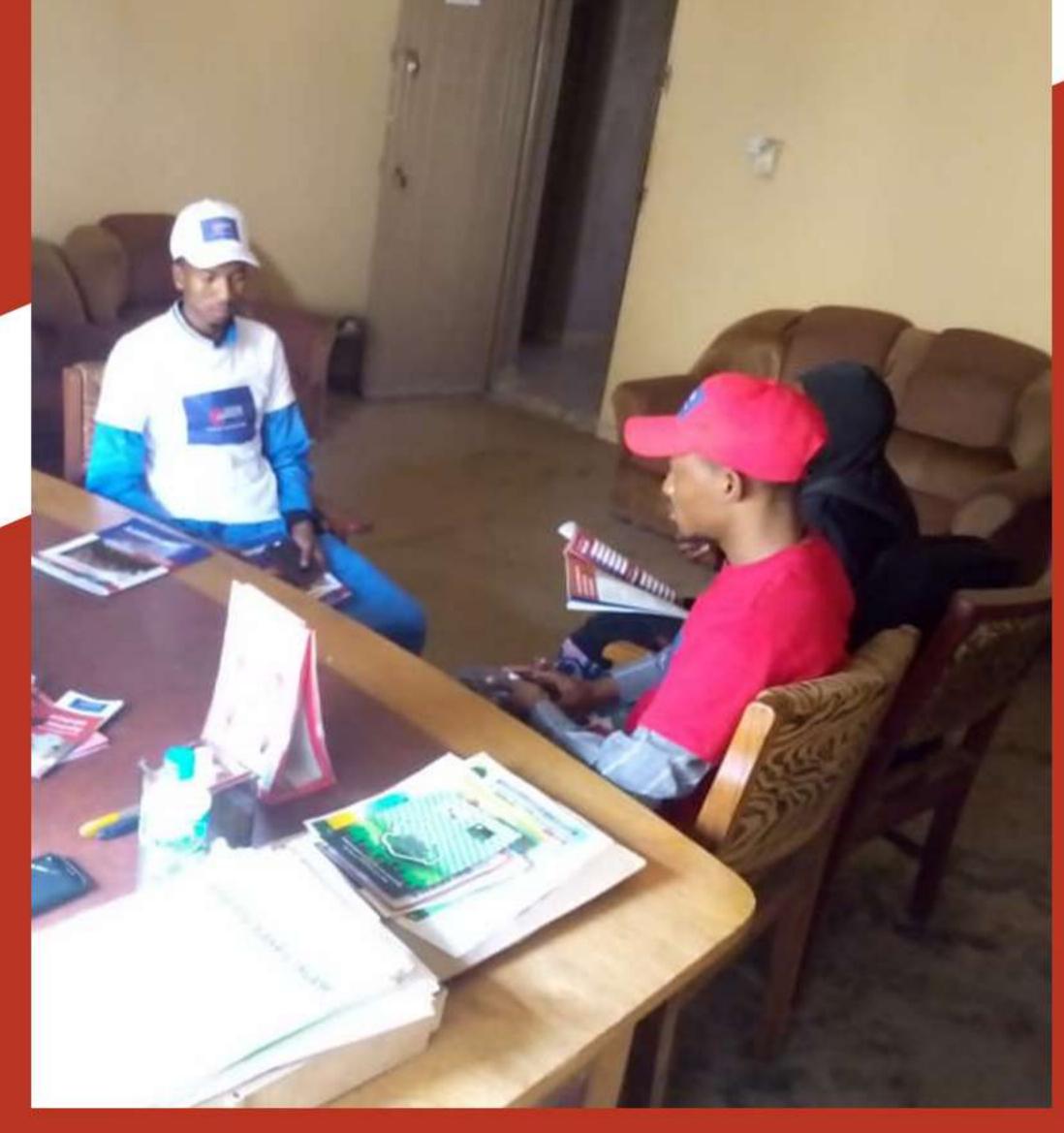
He expressed his appreciation for the President and Founder of ATAFOM University International, Dr. Sakir Yavuz, out. He informed the ATAFOM delegation that he had a planned conference in Türkiye where Dr. Yavuz hosted. He was thrilled to learn that Dr. Yavuz had connected to the lives of many young Nigerians through the information office in his immediate community.

Mr. Sheikh Gazali assured the ATAFOM University delegation that he will inform all his followers about the university and offered his support in any way possible. He supported the need for ATAFOM University International to be accredited by the National Universities Commission (NUC) to facilitate the students' integration into the Nigerian population. The ATAFOM University delegation left this meeting with the Deputy Chief Imam, Sheikh Gazali Ismaila Adam, with the realization that another step in the development of ATAFOM University International had been successfully completed.

ATAFOMUNIVERSITY INTERNATIONAL

Integrating societies through education!





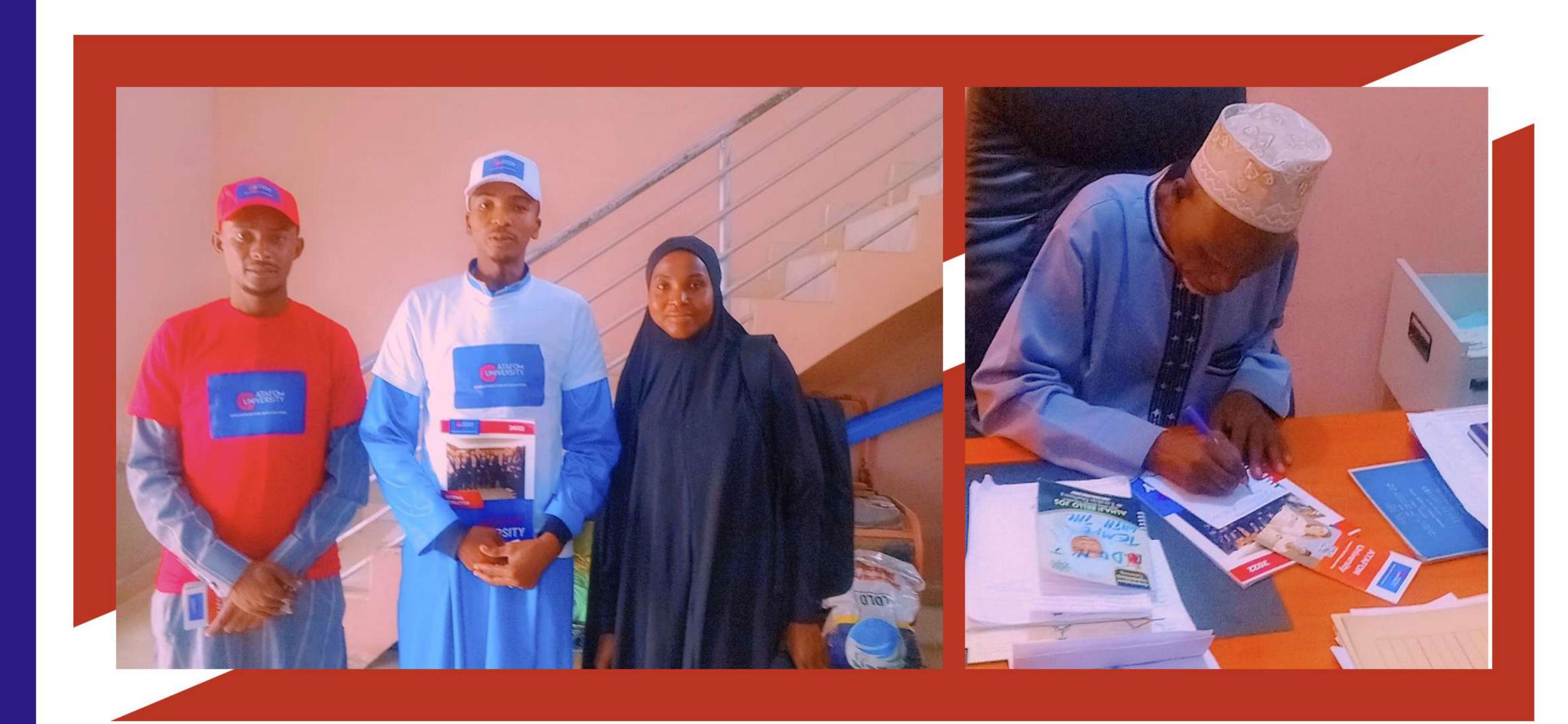




ATAFOM University International, as an International University in Nigeria, on the Pulse of Perfect Time Reaches Out to The Nigerian Community

ATAFOM Information Office, Nigeria stepped out to spread the good news about our institution to some of the opinion leaders in our society. The ATAFOM University delegation consisted of Mrs. Jamila Abubakar, Head of ATAFOM Language Academy & Head, ATAFOM Information Office Nigeria, Mr. Salim Ibrahim, Assistant of the Head ATAFOM Information Office Nigeria & Application and Admissions Manager and Mr. Yahaya Muazu, Assistant of the Application and Admissions Manager & Lecturer at the ATAFOM University International. As a powerful delegation of three, they stepped out clad in their stunning, eye-catching ATAFOM regalia and their hands, gifts of joyful tidings about ATAFOM University encapsulated in our beautifully designed external newsletter and fliers.

The ATAFOM team was received at Jama'atu Izalatil Bid'a wa Ikamatis Sunnah (also known as Izala or JIBWIS) by the Head of Administration, Mr Malwa. Upon their arrival, they were informed about the absence of the lead Imam of the organization. Despite his absence, the secretary along with the personal assistant to the Sheikh welcomed the ATAFOM delegation warmly. They acknowledged awareness of international universities which also have online study offers, and committed to informing the Sheikh about all they were told. Mrs Jamila Abubakar, as the lead spokesperson, spoke in detail about the mission and vision of ATAFOM University International. She highlighted the opportunities and advantages available for all who enrol. Having listened to all Mrs. Jamila Abubakar had to say, Mr Malwa informed the team about their willingness to promote ATAFOM University amongst the youths in need of higher education. He observed the need for the University to be accredited by the National Universities Commission (NUC) so that certificates from ATAFOM can be easily accepted in Nigeria. His observations were noted and he reassured the ATAFOM delegation that they are committed to having their youths enrol in the University. Also, they would communicate all inquiries as the need arose. The ATAFOM delegation thanked him and gave him some of the paraphernalia they had on ATAFOM University International for him to share and also read for more information.



highlighted

the





ATAFOM University International Officially Recognized as an International University in Nigeria by the National Universities Commission (NUC) - November 8-9, 2022

Mrs.

Jamila

ATAFOM Information Office Nigeria has taken on the task of making the recognition and accreditation of ATAFOM University in Nigeria a reality.

After ATAFOM University International submitted the written application to the Nigerian University Commission (NUC), Nigeria, the ATAFOM University International delegation made an appointment to visit the Nigerian University Commission (NUC) headquarters in Abuja, Nigeria.

The ATAFOM University International delegation led by Mrs. Jamila Abubakar, Head of ATAFOM Language Academy & Head, ATAFOM Information Office Nigeria, Mr. Salim Ibrahim, Assistant of the Head ATAFOM Information Office Nigeria & Application attended the agreed personal visit.

The ATAFOM University International delegation handed over the supplementary documents for the submitted written application as well as a series of ATAFOM newsletters and representative publications and, as an authorized representative of ATAFOM University International, provided detailed information about the mission and vision of ATAFOM University International.

opportunities and benefits for everyone studying at ATAFOM University International.

Abubakar

Another milestone has been reached, a great experience has been gained and one step closer to a substantial contribution by ATAFOM University International to better education in Nigeria.

As on every campus of ATAFOM University International, education without borders is imparted and lived at ATAFOM University International in Nigeria for students from Nigeria. It is an education that integrates instead of excluding, and in which the intellectual abilities of the young person alone are decisive, regardless of origin, skin color, social status, culture or religion. "Education for Integration" has the highest priority for inclusive education. The primary goal of ATAFOM University International is to offer the best education to a global group of people regardless of origin, skin color, social status, gender and religious affiliation.





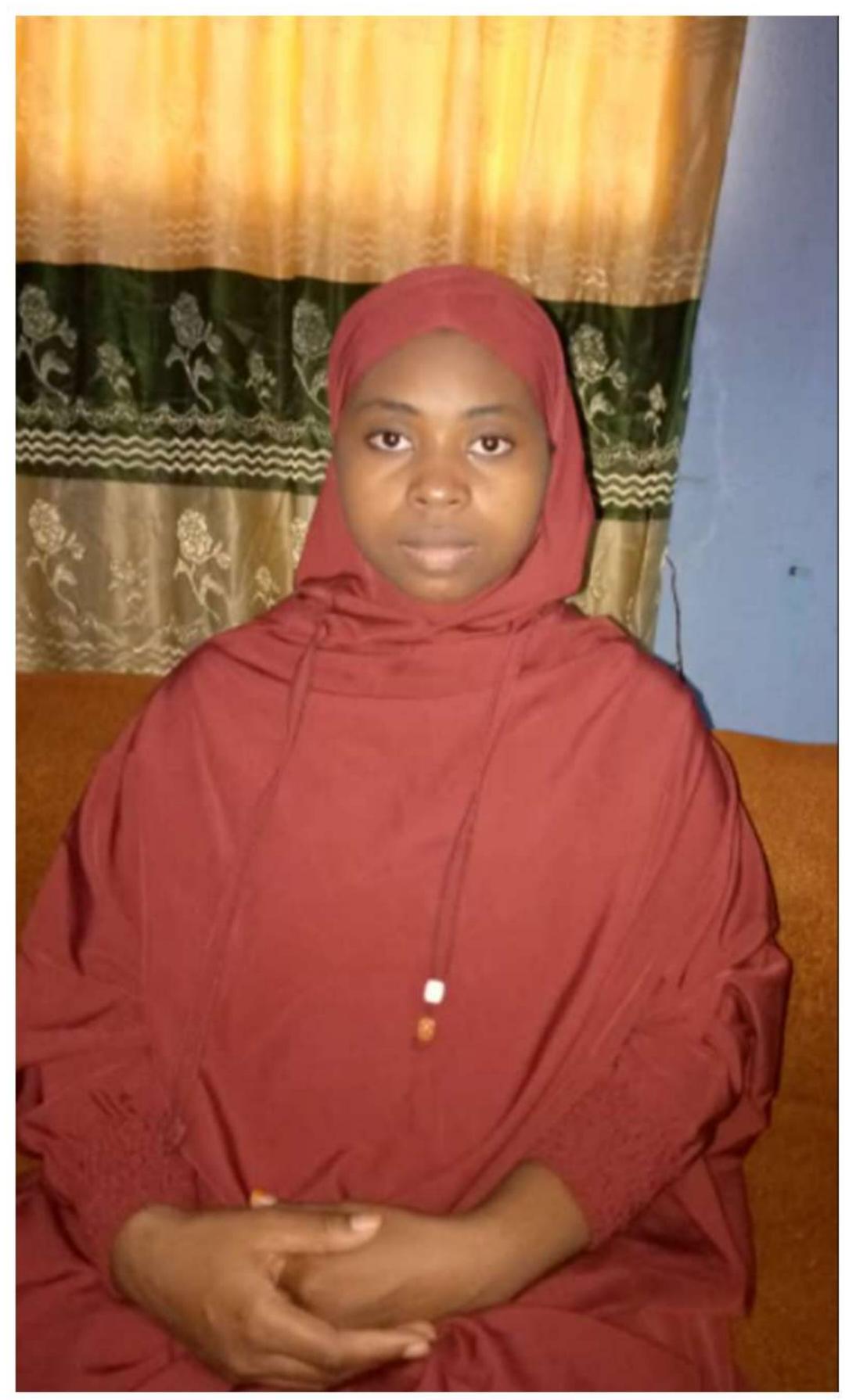






STUDENTS' FEEDBACK

"I was part of ATAFOM UNIVERSITY for nearly a year now and had a successful educational experience. The lecturers motivate the students to learn, contribute, and interact confidently in the class. However, their passion and dedication to teaching is praiseworthy. Thanks for being good mentors and I would highly recommend anyone interested in learning to join ATAFOM UNIVERSITY."



Aishatu Hassan Dikko, Student of ATAFOM Language Academy, PILOT ACADEMIC YEAR 2021/22

ATAFOM University International provides Student Scholarships at multiple levels. For more information, please contact our Information offices at Jos, Nigeria and Lusaka, Zambia OR, you can also check our website www.ATAFOM.university and find also our Social Media Web presence @ATAFOMuniv.









ARTICLE

There Are Only Two Times in Life: NOW and TOO LATE

By Comfort Bulus

Words truly do have power. They have the power to hurt people or make someone's day better by providing them with the encouragement they didn't know they were missing. Words have the power to broaden people's perspectives and alter their thinking. People who hear them may be inspired to pursue their aspirations and lead fulfilling lives. All of this is to imply that, just as it is important to be cautious about the words you use to communicate with others, it is also crucial to be thoughtful about the words you consume.

Self-improvement or motivation can be difficult at times. We must try to remember that it is a constant work-in-progress. Your skills and talents have been growing and developing ever since the day you were born. There are only two times in life and each day should be cherished. If you want to make some changes in your life or your entire life, but are unsure of where to begin or, worse yet, how to begin, remember that your past can't harm you if you don't let it. Go forward with the appropriate mindset. Note that perception is projection. Live above the pit that people so frequently fall into and develop or change any behaviour that works or doesn't work for you. Now is the time to navigate your way to a life filled with fulfilment, success, and clarity.

We frequently miss the tiny clues that could lead us to knowledge. This innate intelligence is what is aware of our needs. This inborn knowledge instructs us on how to proceed.

We all experience fear occasionally, but it is so tragic when that fear prevents us from taking any action. This statement does not refer to actual death. It conveys the idea that we all experience death while we are still alive. Being alive is preferable to being among the "living dead"!

Life is full of learning opportunities. It is full of events that teach us knowledge and understanding, but what if they are so painful that we become immobilized in the suffering and fail to advance? The biggest realization I have reached is that I have yet to meet anyone who has led a charmed life, and I am confident that this is true. Every single person I have ever encountered has gone through something in the past that has left them with scars, some of which are more terrible than others. What impact will these events have on their lives? Is the event itself what changed their lives? No! They will live the rest of their lives following how they interpret these experiences. Their turning point will be that. What has happened to us cannot be changed. We can only control how we perceive and react to these situations.







ARTICLE

It is the significance we assign to these outside influences that harm us, not the events or people in our life. You are not harmed by your past. What hurts is the interpretation you give it. If you alter its meaning, your sentiments about previous experiences will also alter since your brain biologically reacts to changes in perception.

You can only be truly courageous when you've faced your fear. You can start to cure yourself by helping other people.

Before the commitment, there is hesitation, the potential to back away, and perpetual inefficiency. There is a fundamental fact about all acts of initiative (and creativity) that many brilliant ideas and plans are snuffed out by ignorance: that when one firmly commits oneself, providence also moves. Different things happen to aid you that would never have happened otherwise. When a decision is made in one's favour, a whole series of things happen, including all kinds of unexpected occurrences, meetings, and material aid that no one could have ever imagined would come their way.

You have the ability to start anything you can imagine or do. Genius, strength, and magic all reside in boldness. Start it today! Although we might not know what your present challenge is, we offer you a place to start, a bright beginning, a firm foundation, a game changer and a new horizon. At ATAFOM University International, our doors are wide open to offer education without borders. An experience of integration awaits you as we provide the best education for a global circle of people regardless of their origin, skin colour, gender and religious denomination. Take advantage of the two times in life, now or too late. With ATAFOM University, it will never be too late for you. Join us today!



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"The success of every action begins in your head"

SAKIR YAVUZ

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