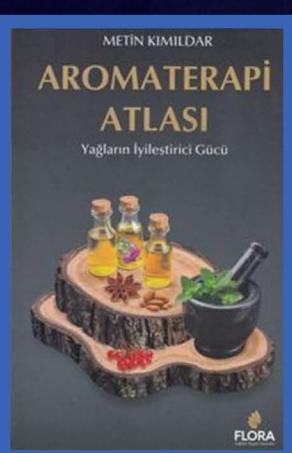




# ATAFOM University External Newsletter

ISSUE 35 JANUARY 2026



**Up Close – Exclusive Interview with**

## **Dr. Metin Kimildar**

Head of Medical Research & Documentations  
of the Perfect Timing Holding

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# ATAFOM UNIVERSITY

## EDUCATION FOR INTEGRATION

ATAFOM University International - Atlantic African Oriental Multicultural - is an international university founded by the Initiator, Visionary, Founder and President of ATAFOM University International, Şakir Yavuz, with the aim of creating a borderless and cosmopolitan university to improve the educational offer for the world as a whole. As a global university, ATAFOM University International promotes the ideals of cross border education and with its information offices and branches on the five continents of the world, ATAFOM University will provide education for young people interested in studying from different countries of origin, regardless of geography, culture, skin color, gender, social status or religion, so that these young people have equal opportunity to education.

Due to the international orientation of ATAFOM University International, a comprehensive online learning approach is utilized. The university offers online educational materials and interactive opportunities through a fully virtual platform, ConiaSoft Online Campus, enabling students to access high-quality education from anywhere in the world. This ensures flexibility and convenience without compromising academic excellence.

Lectures are delivered live online in English by our qualified lecturers, professors and visiting professors.

At ATAFOM University International, we want to offer an educational system based on mentoring that not only aims at learning through expanding knowledge or developing skills, but is also aimed at forming a positive, cosmopolitan attitude to life. The whole educational concept of ATAFOM University International is based on the highest international standards in order to exceed all expectations and educational goals of our students when they choose ATAFOM University International as their educational institute.

**“The success of every action begins in the head.”**

**Şakir Yavuz**

President & Founder,  
ATAFOM University International.



**Students from**

**30**  
**Countries**



**Staff from**

**26**  
**Countries**



**Faculties**

**Faculty of Arts**

**Faculty of Economics**

**Faculty of Information  
Technology**

**Faculty of Initial Public  
Offering**

**ATAFOM Language  
Academy - ALA**

ATAFOM UNIVERSITY INTERNATIONAL -

# EDITORIAL *Report* *and* PERSPECTIVE

# International Education. Human Competence. Global Future.

## Education for Integration – Why Education Must Achieve More Today

Globalization, digitalization, and technological acceleration have profoundly transformed the world of work. International project teams, virtual collaboration, and cultural diversity are no longer exceptions but everyday reality. In this environment, success is no longer determined solely by technical know-how—but by the ability to connect people, perspectives, and cultures. This is precisely where ATAFOM University positions itself with a clear mission: Education for Integration—as an educational principle for a connected, responsible, and human-centered future.

## International Work Environments Require Integrative Education

Today's working world is global, digital, and dynamic. Cloud technologies, AI, remote work, and project-based structures have dissolved traditional organizational models. Teams collaborate across time zones, cultural differences have a more immediate impact, and communication is increasingly condensed.

What was once considered an international career is now often standard practice:

Virtual meetings across multiple time zones, international project teams, hybrid working models, freelancer structures, and global client relationships define everyday professional life.

This development brings new opportunities - but also new demands:

- **Communication is often digital**
- **Cultural differences are more immediately felt**
- **Social competence replaces physical proximity**
- **Trust no longer emerges by chance, but must be built deliberately**

Sustainable international collaboration only succeeds when professional qualifications are combined with linguistic precision, cultural sensitivity, and social responsibility.

## Core Competencies for International Performance Capability

In this reality, new core competencies are gaining importance:

- **Intercultural communication skills**
- **Linguistic precision**
- **Social and emotional intelligence**
- **Reflective leadership**
- **Cultural sensitivity**

International performance capability emerges where technological competence is combined with human quality.

## When Distance Shrinks, Attitude Becomes Visible

Digital collaboration reduces physical proximity—while simultaneously amplifying the impact of language, behavior, and attitude. Trust, respect, and clarity must be consciously shaped.

Digital tools connect people—but they do not replace relationships. Especially in virtual working environments, interpersonal skills gain strategic importance.

Successful international teams are characterized by:

- Culturally sensitive communication**
- Transparent decision-making processes**
- Empathetic handling of differences**
- Conscious relationship-building in virtual spaces**

These abilities are no longer merely “soft skills,” but a core component of professional performance and the foundation of sustainable collaboration.

## Language as a Bridge - Not Just a Tool

Language conveys not only information, but also values, responsibility, and respect. In international contexts, it determines trust or distance, clarity or misunderstanding.

Machine translation can transfer content - but it cannot convey:

- Cultural meanings**
- Emotional nuances**
- Social expectations**
- Implicit role understandings**

Especially in sensitive fields such as technology, fintech, international negotiations, or strategic leadership, human linguistic and communication competence remains indispensable and a decisive success factor.

## Internationalization Begins with Education

Internationalization now means far more than mobility. It describes the ability to:

- Navigate global contexts with confidence, reflection, and responsibility**
- Network across cultural and digital boundaries**
- Understand different ways of thinking and working**
- Coordinate international projects effectively**
- Respond flexibly to dynamic markets**

International studies show that professionals with international education, multilingualism, and intercultural experience are considered more resilient, more innovative, and more successful in the long term.

## Academic Excellence Meets Integration Competence

ATAFOM pursues a holistic educational approach. Academic education is understood as a multidimensional development process. In addition to professional qualification and excellence, the following are deliberately fostered:

- Critical and strategic thinking**
- Interdisciplinary perspectives**
- Cultural self-reflection**
- Communicative and ethical leadership competence**

This approach develops individuals who not only apply knowledge, but also assume responsibility, understand complex interrelations, and act sustainable - even in international and complex working environments.

## Education for Integration and ATAFOM

The guiding slogan “Education for Integration” is inseparably linked to ATAFOM. It represents an educational philosophy that:

- Views diversity as a resource**
- Connects technology and humanity**
- Links human competence with technological development**
- Understands education as the foundation for dialogue, respect, and sustainable success**

ATAFOM prepares students and professionals specifically for a working world in which international cooperation has become the norm, providing orientation, competence, and future readiness.

## Education for a Connected Reality

Global markets, digital structures, and international teams will continue to grow in importance. Those who succeed will be those who combine competence with integrity, knowledge with attitude, and technology with humanity. ATAFOM has been accompanying this transformation since its founding - consistently, internationally, and interactively.

Education for Integration - not as a slogan, but as a lived educational approach. Become part of an education that connects.

Learn more about ATAFOM's study programs, international orientation, and integrative educational approach.





# Celebrations & GLOBAL DAYS



HAPPY  
*New*  
Year



2

0

2

6



Yeni Yılınz Kutlu Olsun!  
Sağlık, Huzur, Mutluluk ve Bol Başarı diliyoruz.

Frohes Neues Jahr!  
Wir wünschen Ihnen Gesundheit, Frieden, Glück und reichlich Erfolg.

Bonne année!  
Nous vous souhaitons santé, paix, bonheur et succès abondant.

नए साल की शुभकामनाएँ!  
हम आपके स्वास्थ्य, शांति, सुशी और सफलता की कामना करते हैं।

С Новым Годом!  
Желаем Вам Здоровья, Мира, Счастья и Больших Успехов.

قدی عین قدی دج فن س  
ریفولا حاجنل او ڈاعنل او مالس ل او ڈھصلل ا مکل ینم ہن



INTERNATIONAL  
DAY OF  
EDUCATION

Education opens pathways.

It enables access, strengthens equity, and shapes the future of learning in an increasingly digitalized and globalized world.

ATAFOM Europe and ATAFOUM University stand for Education for Integration for education without borders, equal opportunities, and active social participation. Through an international, inclusive, and future-oriented educational approach, they promote learning processes that open perspectives, connect people, and support sustainable development.

In this way, education becomes a fundamental pillar for integration, international understanding, and the shaping of a shared, responsible future.

[www.ATAFOM.university](http://www.ATAFOM.university)



**FOUNDER & PRESIDENT**

**Şakir Yavuz**

ATAFOM University International



**“The success of every action begins in the head.”**

Helped him pave a way to create the university offering an inclusive education. He is firmly convinced that the children of this world with different cultural backgrounds and countries of origin as well as languages should have the same right to education. He has set himself the task of giving young people access to university education of the highest international quality and with equal opportunities, in the conviction that success requires permanent concentration, strong motivation and extreme commitment.

At ATAFOM University International, "Education for Integration" is developed, taught and lived. The team of internationally renowned professional teachers and experienced



staff at ATAFOM University International will meet the highest international standards and will do everything possible to meet and exceed all of our students' expectations and educational goals as they embark on undergraduate studies or learn the English language when they enroll in ATAFOM Language Academy.

The digital innovation and knowledge campus of ATAFOM University International - ConiaSoft Online Campus, which accommodates everyone who is willing to learn, makes it possible to create educational bridges between all continents.

## **PRESIDENT'S QUOTE OF THE MONTH**

**“ Education today must do more than inform - it must connect, integrate, and empower. ATAFOM stands for a global academic community without borders. Our mission is to open opportunities, foster understanding, and prepare students for a world that needs collaboration, not separation. Together, we shape a future built on knowledge, skills, respect, and unity. ”**





# ATAFOM UNIVERSITY

# COURSE OFFERINGS





# BACHELOR COURSE OFFERINGS

**SECOND SEMESTER // SUMMER SEMESTER 2026  
ACADEMIC YEAR 2025/26**

Welcome to ATAFOM University International!

**Empowering Global Minds. Building a United Future.**

At ATAFOM University International, we believe that true education is a journey that connects hearts, minds, and cultures. More than just academics, we offer an experience that inspires unity, fosters innovation, and cultivates future global leaders.

Guided by the visionary leadership of Şakir Yavuz, our university lives by the motto "Education for Integration." We're creating a worldwide community where students from every background come together to learn, grow, and transform their potential into purpose.

Our online classrooms are vibrant hubs of diversity, where bold ideas are celebrated, global perspectives are shared, and lifelong friendships begin. Whether you're just starting your academic path, upskilling for career advancement, or seeking intellectual enrichment, ATAFOM offers programs designed for today's world - and tomorrow's challenges.

Here, education is more than textbooks and lectures. It's a gateway to meaningful impact in an interconnected world. Our commitment to excellence, innovation, and cultural understanding shapes not only careers but character.

Join ATAFOM University International - where learning has no borders, and your global journey begins.

Discover the programs that are redefining international education.



# BACHELOR COURSE OFFERINGS

**SECOND SEMESTER // SUMMER SEMESTER 2026  
ACADEMIC YEAR 2025/26**

- Bachelor of Arts in Media and Communications (B.A.) at the Faculty of Arts
- Bachelor of Arts in International Business Development (B.A.) at the Faculty of Economics
- Bachelor of Science in Information Technology (B.Sc.- IT) at the Faculty of Technology
- Bachelor of Science in PreIPO (B.Sc.) at the Faculty of Initial Public Offering



Visit us: [www.ATAFOM.university](http://www.ATAFOM.university)  
Write to us for any queries: [contact@ATAFOM.university](mailto:contact@ATAFOM.university)  
Link to apply: <https://atafom.university/apply-to-atafom2/>



# 15 IT CERTIFICATION COURSE OFFERINGS

- Basics of Python
- Basics of AutoCAD
- Basics of Graphics Designing
- Basics of Backend Development (Using Django)
- Basics of Blockchain
- Basics of Data Analysis
- Basics of Java
- Frontend Development - Level One: Beginner
- Frontend Development - Level Two: Intermediate
- Frontend Development - Level Three: Advanced
- Frontend Development - Level Four: Expert
- Database and SQL
- Generative AI for Everyone
- Deep Learning and Neural Networks
- Basics of Software Engineering Principles



Visit us: [www.ATAFOM.university](http://www.ATAFOM.university)

Write to us for any queries: [contact@ATAFOM.university](mailto:contact@ATAFOM.university)

Link to apply: <https://atafom.university/apply-now-it-certification-course/>



# ATAFOM LANGUAGE ACADEMY COURSE OFFERINGS

English language courses are available at ATAFOM Language Academy, with options for different proficiency levels:

- ALA-A0 as Pre ALA-A1: Starter
- ALA-A1: Beginner Level
- ALA-A2: Elementary Level
- ALA-B1: Pre-Intermediate Level
- ALA-B2: Intermediate Level
- ALA-C1: Upper-Intermediate Level
- ALA-C2: Advanced Level
- ALA-BE I: B2 Business English I (Requires minimum language level of ALC-B2)
- ALA-BE II: C1 Business English II (Requires minimum language level of ALC-C1)
- ALA-BE III: C2 Business English III (Requires minimum language level of ALC-C2)
- ALA-IT English



Visit us: [www.ATAFOM.university](http://www.ATAFOM.university)

Write to us for any queries: [contact@ATAFOM.university](mailto:contact@ATAFOM.university)

Link to apply: <https://atafom.university/language-academy/>



# FACULTY OF INITIAL PUBLIC OFFERING CERTIFICATION COURSE OFFERINGS:

The Faculty of Initial Public Offering at ATAFOM University International brings you multiple PreIPO certification programs along with the Bachelor of Science in PreIPO (B.Sc.). The certification programs begin every month. Find your best match here!





At ATAFOM University International, we are committed to providing an education that blends modern innovation with academic excellence. Our goal is to equip students with the knowledge, skills, and practical experience needed to succeed in today's fast-changing world. With a strong emphasis on global perspectives and real-world learning, we ensure that our students are not only prepared for their careers but also for leadership in an interconnected society.

Join a university where education knows no boundaries and opportunities are limitless. Your future starts here!

Visit us: [www.ATAFOM.university](http://www.ATAFOM.university)

Write to us for any queries: [contact@ATAFOM.university](mailto:contact@ATAFOM.university)

Link to apply:

<https://atafom.university/apply-now-preipo-certification-course/>





# ATAFOM UNIVERSITY

## Up Close with

### Dr. Metin Kimildar

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Head of Medical Research & Documentations  
of the Perfect Timing Holding

Dr. Metin Kimildar – Thirty Years  
of Research for a Healing Future





## Short Profile

# Dr. Metin Kimildar

**Fields of Expertise:** Natural medicine, phytotherapy, ethnobotany, integrative medicine.

**Experience:** Over 30 years of international research and academic work.

## **Key Focus Areas:**

- Pharmacological plant research
- Cross-cultural medicinal plant traditions
- Sustainable use of medicinal plants
- Building bridges between traditional natural medicine and modern evidence-based approaches

---

**Role:** Scientist, educator, author, international expert

**Vision:** Responsible, evidence-based, and sustainable natural medicine

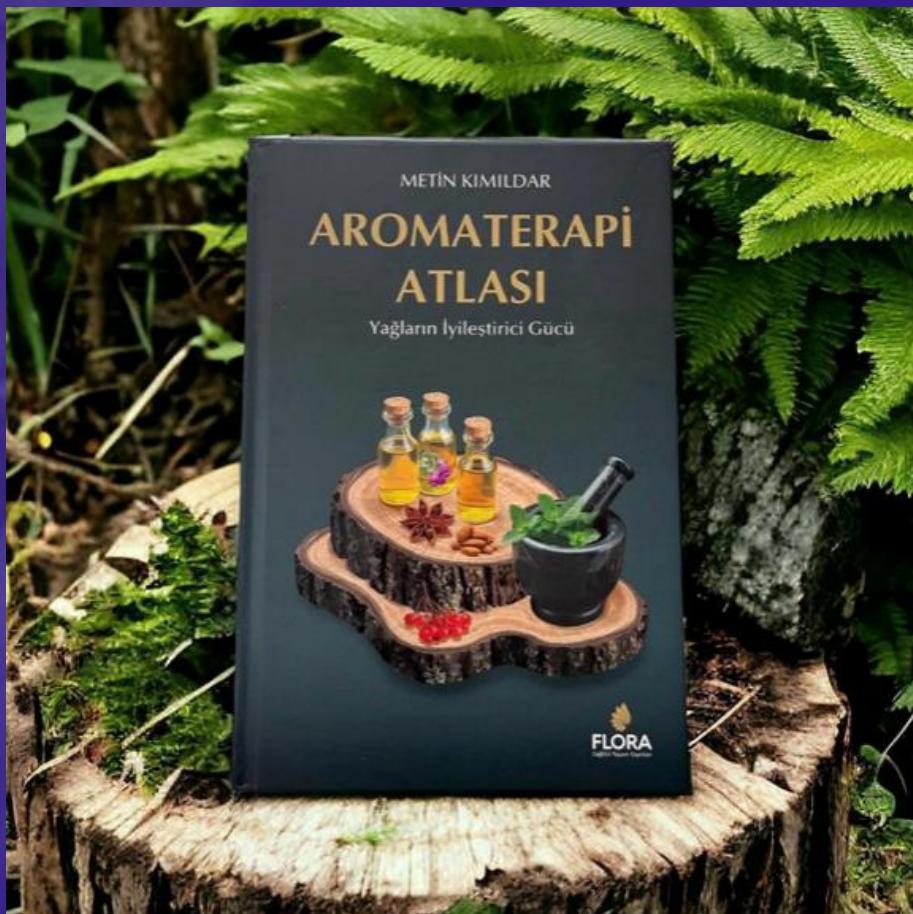
# Introduction

Scientific research in natural medicine and medicinal plants is gaining increasing importance worldwide. At a time when sustainable and holistic health concepts are moving to the forefront, the work of experts who have shaped modern herbal medicine for decades is becoming increasingly visible.

Among these distinguished figures is Dr. Metin Kımıldar, who for more than 30 years has conducted research, taught, and published in the fields of natural medicine, medicinal plant research, and integrative medicine. His scientific expertise, profound cross-cultural studies, and internationally recognized publications have made him one of the leading figures in contemporary natural medicine.

For the ATAFOM University Newsletter, Dr. Kımıldar shares insights into his academic journey, research fields, and his vision for the future of scientifically grounded natural medicine.

## Book by Dr. Metin Kımıldar



## Author Portrait: Dr. Metin Kimildar

Dr. Metin Kimildar is one of the internationally recognized experts in the field of natural medicine and phytotherapy. Over more than three decades of research, he has comprehensively studied the pharmacological properties of plants, their cultural significance, and their medical applications in both traditional and modern healthcare systems.

His interdisciplinary approach, scientific rigor, and ability to present complex information in an accessible manner have established him as a respected scientist, educator, and author. Dr. Kimildar focuses on advancing natural medicine in a responsible and evidence-based way by bridging tradition and modernity, culture and science, past and future.

### The World of Natural Medicine: Importance, Research, and the Future

Natural medicine has held an important place in human cultures for thousands of years. As modern research increasingly validates traditional healing methods, natural medicine is experiencing a renewed rise.

Natural medicine combines traditional knowledge, modern scientific findings, and holistic therapeutic approaches. It is grounded in sustainability, preventive healthcare, and the unity of body, mind, and nature.

Dr. Kimildar is one of the researchers actively shaping this development. He combines thirty years of research experience with modern plant sciences and biomedical methods, aiming to understand, preserve, and carry natural medicine into the future.

### The World of Plants: Importance, Research, and the Future

Plants form the foundation of traditional natural medicine and continue to be a valuable source of pharmacological compounds today.

For over 30 years, Dr. Kimildar has researched therapeutic plant species. His work includes the analysis of pharmacological mechanisms, the study of traditional usage practices, the investigation of ecological relationships, and the evaluation of sustainable utilization models.

His holistic approach demonstrates that herbal medicine is not only science—it is also culture, history, and a responsibility toward nature.

# Interview with Dr. Metin Kımıldar

## Personal Journey and Motivation

**ATAFOM Newsletter: Please tell us about yourself. Who is Dr. Metin Kımıldar—personally and professionally?**

**Dr. Metin Kımıldar:** *I see myself as a researcher dedicated to understanding nature's medicinal treasures and making them responsibly usable. Personally, I have never lost my curiosity about people, cultures, and plants. Professionally, I have made it my mission to build bridges between tradition and modern science, local knowledge and global research, nature and medicine. This approach shapes both my career and my daily work.*

**ATAFOM Newsletter: What sparked your interest in natural medicine and medicinal plants more than thirty years ago?**

**Dr. Metin Kımıldar:** *It began during my early university years, when I realized how closely intertwined nature, culture, and health truly are. My first field research within traditional healing communities allowed me to see the medicinal potential hidden within plants. That fascination continues to guide me today.*

**ATAFOM Newsletter: Which personal or scientific experiences most shaped your professional journey?**

**Dr. Metin Kımıldar:** *One of the most significant moments was meeting healers in Anatolia and other regions who preserve generational knowledge. At the same time, modern science demonstrating that many of these practices have empirical foundations deeply influenced me. Bringing tradition and science together—this became my life's path.*

## **ATAFOM Newsletter: How would you summarize your professional journey?**

**Dr. Metin Kimildar:** *It has been a journey filled with curiosity, research, and international collaboration. I started as a young researcher and, over thirty years, became a scientist with a global network, contributing new perspectives to natural medicine.*

## **Research and Scientific Perspective**

### **ATAFOM Newsletter: What are the most important findings from your research?**

**Dr. Metin Kimildar:** *Many traditional medicinal plants possess significant therapeutic potential, which has now been confirmed by modern science. However, responsible use is essential to protect these resources.*

### **ATAFOM Newsletter: How has plant science and natural medicine evolved over recent decades?**

**Dr. Metin Kimildar:** *It has become globalized and scientifically professionalized. What was once underestimated is now a respected field of research worldwide.*

### **ATAFOM Newsletter: Which research approaches have influenced you the most?**

**Dr. Metin Kimildar:** *I combined ethnobotanical approaches with modern pharmacological research. This allows traditional practices to be scientifically tested and new insights to emerge.*

### **ATAFOM Newsletter: What role does cross-cultural herbal medicine play in your work?**



**Dr. Metin Kimildar:** A very significant one. Medicinal plants are part of the cultural identity of many regions. Therefore, scientific, historical, and cultural knowledge must be considered together.

**ATAFOM Newsletter:** Is there a particular plant that has especially influenced you?

**Dr. Metin Kimildar:** Every plant is unique. However, plants that are both traditionally valued and scientifically well-documented—such as rosemary and lemon balm—have particularly impressed me.

## Natural Medicine Today

**ATAFOM Newsletter:** Why is natural medicine gaining importance worldwide?

**Dr. Metin Kimildar:** Because it offers effective, holistic, and well-tolerated approaches, and modern science increasingly confirms its effectiveness.

**ATAFOM Newsletter:** What opportunities and challenges do you see?

**Dr. Metin Kimildar:** The opportunity lies in establishing natural medicine as a permanent component of modern healthcare models. The greatest challenge is combating unscientific trends, which can undermine trust in serious herbal medicine.

**ATAFOM Newsletter:** Why is it important to combine tradition with scientific evidence?

**Dr. Metin Kimildar:** Tradition offers centuries of experience, while evidence provides scientific validation. Both are necessary for safe and modern natural medicine.

**ATAFOM Newsletter:** In which areas do you see synergy between conventional medicine and natural medicine?



**Dr. Metin Kimildar:** *Especially in preventive healthcare, immune regulation, and stress medicine. Herbal medicine can effectively complement modern medicine.*

## Plants, Sustainability, and Responsibility

**ATAFOM Newsletter:** **What role does sustainability play in your research?**

**Dr. Metin Kimildar:** *A central role. Without sustainable use, we risk losing the very resources on which natural medicine depends. Preserving biodiversity is essential medically, ecologically, and culturally.*

**ATAFOM Newsletter:** **How can research help preserve traditional knowledge?**

**Dr. Metin Kimildar:** *Through documentation, collaboration with local communities, and scientific validation of traditional practices.*

**ATAFOM Newsletter:** **What global risks threaten plant diversity?**

**Dr. Metin Kimildar:** *Climate change, overexploitation, the loss of traditional knowledge systems, and the destruction of natural habitats.*



## Work as an Author

**ATAFOM Newsletter: Why do you publish your research findings in books?**

**Dr. Metin Kimildar:** *Because books make knowledge accessible, inspire people, and present complex findings in an understandable way.*

**ATAFOM Newsletter: How do you make scientific content accessible?**

**Dr. Metin Kimildar:** *By using clear language, examples, and integrating different cultural perspectives.*

**ATAFOM Newsletter: Which feedback has moved you the most?**

**Dr. Metin Kimildar:** *When young researchers tell me that my books motivated them to explore the world of herbal medicine - it is deeply touching.*

## Education and Future Vision

**ATAFOM Newsletter: What advice would you give to ATAFOM University students?**

**Dr. Metin Kimildar:** *Remain open-minded, curious, and critical. Natural medicine needs minds that unite science and responsibility.*

**ATAFOM Newsletter: What are the most important competencies for future natural medicine specialists?**



**Dr. Metin Kimildar:** *Scientific rigor, cultural sensitivity, sustainable thinking, and a willingness to work interdisciplinarily.*

**ATAFOM Newsletter: What goals do you plan to pursue in the future?**

**Dr. Metin Kimildar:** *I plan to conduct an international comparative study on cross-cultural medicinal plants and to develop innovative educational programs in sustainable natural medicine.*

**ATAFOM Newsletter: How do you see the future of natural medicine?**

**Dr. Metin Kimildar:** *As a form of medicine where modern science, plant-based active substances, and cultural knowledge merge harmoniously—protecting both humans and nature.*

## Dr. Metin Kimildar's Personal Closing Message

**"Natural medicine is far more than a field of research for me - it is a dialogue between humans and nature. The deeper we understand how plants work and how cultures preserve knowledge across generations, the more consciously we can shape health.**

**My vision is a form of medicine that unites science and tradition while using the planet's resources sustainably. I very much look forward to shaping this future together with young researchers and students."**

## Access and Contact – Further Information

*More information on Dr. Kimildar's research and publications:*

*ATAFOM University contact point: [contact@ATAFOM.university](mailto:contact@ATAFOM.university)*

*Coming soon: International comparative study on cross-cultural medicinal plants (in preparation)*

## Acknowledgment

ATAFOM University sincerely thanks Dr. Metin Kimildar for his time, valuable insights, and his contributions to the development of scientifically grounded, sustainable, and future-oriented natural medicine. His expertise and dedication enrich not only the academic community but also international research for the benefit of society.



# THINK PIECE



# Study Natural Medicine for a Connected World



Tradition  
Meets  
Science



Evidence-Based  
Knowledge



Global  
Digital Access

# Natural Medicine in the Digital Age

## Integrative Health Education as the Next Frontier

The reflections of Dr. Metin Kımıldar on evidence-based natural medicine and phytotherapy find a natural continuation within ATAFOM University International's broader vision of medical education in the digital age.

As outlined by Prof. Dr. Abdülbaki Türkoğlu, Vice Rector and Dean of the Faculty of Medicine, in ATAFOM External Newsletter Issue 29 (June 2025) more read here :

[https://atafom.university/wp-content/uploads/2025/11/Newsletter\\_29\\_External\\_June25\\_ATAFOM\\_Communications.pdf](https://atafom.university/wp-content/uploads/2025/11/Newsletter_29_External_June25_ATAFOM_Communications.pdf) ,

medical education is undergoing a fundamental transformation—where tradition meets technology, and where digital innovation enhances, rather than replaces, human-centered care.

This paradigm shift is particularly relevant for the future of natural medicine.

## Where Digital Medicine and Natural Healing Converge

Natural medicine and phytotherapy are often perceived as tradition-bound disciplines. However, contemporary research demonstrates that their future lies in scientific validation, digital documentation, and global accessibility.

ATAFOM University International approaches this convergence deliberately:

- Digital learning platforms enable systematic documentation of ethnobotanical knowledge
- AI-supported research tools facilitate comparative analysis of medicinal plants
- Virtual classrooms and real-time translation remove geographical and linguistic barriers
- Evidence-based curricula ensure academic rigor and global standards

In this context, digitalization does not dilute natural medicine—it strengthens its scientific credibility.

## Education for Integration in Medical Sciences

The Faculty of Medicine at ATAFOM University International emphasizes that modern physicians must be trained to think integratively. As Prof. Dr. Türkoğlu notes, future medical professionals must combine:

- **clinical expertise**
- **ethical responsibility**
- **digital literacy**
- **and global awareness**

This philosophy applies equally to integrative health sciences, including naturopathy and phytotherapy.

Natural medicine education at ATAFOM is therefore not positioned as an alternative, but as a complementary and scientifically grounded component of modern medical education.

## Structured Learning Pathways for Integrative Health

Building on this vision, ATAFOM University International is planning clearly structured educational pathways in natural medicine, aligned with digital and academic standards:

**Certificate-Based Programs (3-12 Months)**

Designed for professionals, practitioners, and lifelong learners, these programs will:

- integrate traditional knowledge with modern biomedical science
- utilize digital platforms for global participation
- emphasize sustainability, ethics, and evidence-based practice

## **Bachelor of Health Science in Naturopathy & Phytotherapy (BHSc. – NP)**

### **Faculty of Medicine**

This planned bachelor program represents a milestone in integrative medical education. It will:

- embed natural medicine within a medical faculty framework
- combine phytotherapy, pharmacology, biomedical sciences, and digital health
- reflect the same future-oriented principles outlined for digital medical education at ATAFOM

## **From Razi Safarov to Dr. Metin Kımıldar: A Coherent Academic Narrative**

The thematic continuity from Razi Safarov's reflections in Issue 32 (October 2025) more read here: [https://atafom.university/wp-content/uploads/2025/11/Newsletter\\_32\\_External\\_October25\\_ATAFOM\\_Communications.pdf](https://atafom.university/wp-content/uploads/2025/11/Newsletter_32_External_October25_ATAFOM_Communications.pdf) to Dr. Metin Kımıldar's interview in this issue illustrates a deliberate editorial and academic direction:

- **Safarov emphasized the cultural and practical relevance of medicinal plants**
- **Dr. Kımıldar provides the scientific and research-based foundation**
- **ATAFOM University International offers the institutional and educational framework**

Together, they articulate a clear message:

the future of natural medicine lies in structured education, digital integration, and academic responsibility.



## Conclusion: Integrative Medicine as Academic Responsibility

In an era defined by digital transformation, global health challenges, and sustainability concerns, the integration of natural medicine into formal medical education is no longer optional—it is necessary.

ATAFOM University International responds to this necessity by:

- aligning natural medicine with digital medical education
- embedding integrative health within academic standards
- and educating professionals who unite science, tradition, technology, and humanity

In doing so, ATAFOM remains faithful to its guiding principle:

## Education for Integration

- shaping a medical future that is innovative, ethical, global, and deeply human.



# International Day of Education

**Education is one of the most powerful forces for shaping societies and transforming lives. It opens pathways to opportunity, strengthens equity, and equips individuals with the knowledge and skills needed to navigate an increasingly digitalized and interconnected world.**

**Every year on January 24, the global community observes the International Day of Education - an official United Nations day proclaimed to celebrate the role of education in promoting peace, inclusion, and sustainable development.**

**At ATAFOM Europe and ATAFOM University International, education is understood as a tool for integration and empowerment. Guided by the principle of Education for Integration, ATAFOM promotes learning without borders - ensuring equal opportunities, academic accessibility, and active social participation for learners from diverse backgrounds.**

**Through an international, inclusive, and future-oriented educational approach, ATAFOM fosters learning environments that connect people, broaden perspectives, and prepare individuals to contribute meaningfully to society. In doing so, education becomes more than the transfer of knowledge; it becomes a foundation for international understanding, social cohesion, and the shaping of a shared and responsible future.**

# CONIASOFT AND AI



**ATAFOM ONE** is the digital core of the entire university ecosystem. The platform seamlessly accompanies students, faculty members, staff, and alumni through all phases of the academic journey - integrated, intelligent, and globally connected. The focus is on experiences, added value, and impact - not on technology itself.

## Origin, Concept & Responsibility

ATAFOM ONE is an institution-owned digital platform of ATAFOM University International. It is based on a scientific concept developed within the Software Engineering discipline of the ATAFOM Faculty of Technology.

Technical implementation and software development are carried out by ConiaSoft Software Technologies.

## A Personal, Intelligent Digital Campus

ATAFOM ONE creates an individual digital campus that adapts to each user:

- Personalized dashboard with relevant information, tasks, and schedules
- Role-based learning and working environments (students, faculty, administration, alumni)
- Avatar-supported personalization for identity, presence, and interaction
- Continuous AI assistance as a personal companion in academic and professional life

## Learning Without Boundaries

ATAFOM ONE enables inclusive and globally accessible education:

- Live teaching with automatic real-time translation
- Multilingual communication in courses, meetings, and chats
- International learning groups without language or location barriers
- Hybrid and virtual teaching formats for maximum flexibility

# Intelligent Teaching & Active Participation

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The platform supports modern, interactive learning:

- **Virtual classrooms with active participation**
- **Direct access to learning materials, recordings, and summaries**
- **Automatic summaries of lectures, discussions, and meetings**
- **Transparent feedback and assessment processes**
- **AI-supported learning guidance and recommendations**

# Central Communication for the Entire Campus

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ATAFOM ONE consolidates all communication channels in one place:

Video meetings for teaching, examinations, mentoring, and collaboration

- **Real-time chats, messages, and announcements**
- **Structured communication between students, faculty, and administration**
- **Complete documentation of all relevant interactions**
- **The integrated AI interaction platform MESSAI serves as the communicative core.**

# The Central Platform: MESSAI

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MESSAI is an AI-powered video meeting and interaction platform and a specialized, highly secure solution fully integrated into ATAFOM ONE.

MESSAI was developed by ConiaSoft Software Technologies as an AI-enhanced real-time platform for academic teaching, international collaboration, and digital integration, and is a brand of ConiaSoft.

## AI & Functional Integration

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Real-time simultaneous translation of speech and text

- AI-based speech recognition and transcription
- Automatic meeting summaries
- Analysis of interaction and participation
- Direct integration with learning content, documents, and examination formats

MESSAI forms the communicative backbone of ATAFOM ONE.

## End-to-End Academic Lifecycle Management

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ATAFOM ONE organizes the entire academic lifecycle:

- Application, admission, and enrollment
- Study, course, and timetable management
- Examinations, assessments, and academic records
- Digital transcripts, certificates, and graduation documents
- Seamless transition into the alumni network

Everything in one place—clear, transparent, and available at all times.

## Digital Services & Campus Experiences

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Beyond teaching, ATAFOM ONE offers a comprehensive campus ecosystem:

- Digital library and research services
- Event, campus, and service management
- AI-supported helpdesk for rapid assistance
- Integrated campus shop and service marketplace
- Central repository for all documents and credentials

## Mobile, Global & Always Accessible

With the mobile ATAFOM ONE app, the campus becomes globally accessible:

- Participation in courses from anywhere
- Live interaction and translation on the go
- Access to all functions, documents, and services
- Continuous support through AI assistance

## Trust, Security & Future Readiness

ATAFOM ONE stands for long-term reliability:

- Tamper-proof digital diplomas and certificates
- Transparent traceability of academic achievements
- Future-oriented identity and credential models
- Compliance with international data protection and regulatory standards

## One Integrated Experience – One Vision

ATAFOM ONE is not a tool, but a holistic digital university experience.

The platform embodies the institutional vision of:

### Education for Integration

Developed by ATAFOM University International  
in collaboration with ConiaSoft Software Technologies

#### In Short

ATAFOM ONE brings together everything a modern, international university campus must deliver - within a single intelligent platform.

ATAFOM ONE – where the future of university begins. 2026/2027.



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